

Rum Coffee French Toast with Bitters Maple Syrup



INGREDIENTS

Rum Coffee French Toast

1/2 cup heavy cream

2 eggs

1/4 cup Angostura® 1919 Rum or 7 Year Rum

1/4 cup brewed coffee

1 Tbsp. granulated sugar

Pinch salt

8-10 3/4-inch thick slices French bread or firm white sliced bread

1 Tbsp. butter

Coffee Sugar (optional)

1 Tbsp. finely ground coffee

1 Tbsp. powdered sugar

Bitters Maple Syrup

1/2 cup maple syrup

1 tsp. ANGOSTURA® aromatic bitters or ANGOSTURA® orange bitters

METHOD

Whisk cream, eggs, rum, coffee, sugar and salt in a shallow dish. Place a skillet over medium heat. Dip bread slices a few at a time in egg mixture, fully saturating both sides of bread. Lightly coat pan with butter. Fit two or three slices of bread in pan; cook about 2 minutes per side until golden brown. Repeat with remaining bread and egg batter. If desired, stir together coffee and powdered sugar in a small bowl; transfer to a mesh sieve or tea infuser. Dust over French toast. Serve with Angostura® bitters Maple Syrup.

Recipe by Rita Held

Nutrition per serving (8) with 1 tablespoon syrup (no “coffee sugar”):284 calories, 8.9 g fat (4.9 g sat fat), 70.7 mg cholesterol, 6.8 g protein, 39.7 g carbohydrate, 273.5 mg sodium, 1 g fiber